

REST

RELAX

REVITALIZE

on the bus



**Woodstock
Front Royal
Rosslyn
Pentagon
DC**

For information contact Valley Commuter Assistance Program at
(540) 635-4146 or 1-800-745-Ride or via intranet at www.vcapride.virginia.gov

The following is the current schedule. Additional stops can be requested.

Morning Route:

4:20 Depart Woodstock
(Wal-Mart parking lot across from the Cracker Barrel)
4:50 Depart Front Royal
(Park and Ride Lot 340/522 at I-66 Exit 6)
6:00 Rosslyn Metro (Blue, Orange)
6:10 Pentagon (Pentagon Metro – Blue, Yellow)
6:20 14th St SW and Independent Ave SW
6:25 Constitution Ave NW and 12th St NW
(Federal Triangle Metro – Blue, Orange)
6:35 M St SE Washington Navy Yard
6:40 D St SE and New Jersey
6:55 K St NW and 15th St NW
6:58 K St NW and 17th St NW
7:00 K St NW and 20th St NW

Evening Route:

3:45 K St NW and 20th St NW
3:47 K St NW and 17th St NW
3:55 K St NW and 15th St NW
4:10 M St SE Washington Navy Yard
4:15 D St SE and New Jersey
4:25 Constitution and 12 (Federal Triangle Metro – Blue, Orange)
4:35 Pentagon (Pentagon Metro – Blue, Yellow)
4:40 Rosslyn (Rosslyn – Blue, Orange)
6:00 Arrive Front Royal (Park and Ride Lot 340/522 at I-66 Exit 6)
6:30 Arrive Woodstock (Wal-Mart parking lot across from the Cracker Barrel)

Monthly rate of \$360 allows monthly riders to ride for as low as \$17.00 a day. Daily riders can ride for \$25.00 a day.

Metrochek's accepted for monthly riders only.

Ask about our family plan.